

Area of Learning: Physical Development					
Statement: Gross Motor					
Baseline	Autumn 1	Autumn 2	Spring	Summer (May) - ELG	Y1 Readiness
When starting school, children may:	Children at the expected level of development will	Children at the expected level of development will	Children at the expected level of development will	Children at the expected level of development will	Children who are ready to begin year 1 should:
<p>Be beginning to skip, hop and stand on one leg.</p> <p>Balance and ride a trike or scooter.</p> <p>Begin to climb stairs, steps or climbing equipment using alternative steps.</p> <p>Respond to music showing with movement.</p>	<p>Skip, hop and stand on one leg and hold a position for a few seconds.</p> <p>Begin to show control when linking movements together.</p> <p>Begin to recognise that it is good to be active and sometimes get out of breath.</p> <p>Begin to move freely with confidence in a range of ways.</p> <p>Run and adjust speed and direction as needed.</p>	<p>Show increasing control when linking movements together.</p> <p>Know that it is good to be active and sometimes get out of breath.</p> <p>Move freely with confidence in a range of ways.</p> <p>Mount stairs, steps or climbing equipment using alternative steps.</p> <p>Walk downstairs, two feet to each step.</p> <p>Stand momentarily on one foot.</p> <p>Run skilfully whilst negotiating space successfully, adjusting speed and direction as needed.</p>	<p>Start to experiment with different types of movements.</p> <p>Recognise how they can refine a range of physical actions such as: rolling, running, skipping etc.</p> <p>Jump off objects safely and carefully.</p> <p>Negotiate space carefully.</p> <p>Travel with confidence and skill when moving around, under, over and through various equipment.</p> <p>Show increasing control when throwing, catching and kicking a ball.</p>	<p>Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p>	<p>Negotiate space and obstacles safely and with careful control and coordination.</p> <p>Continue to have a regard for others as well as themselves.</p> <p>Demonstrate strength, balance and coordination with careful control when: Running, jumping, dancing, hopping, skipping and climbing.</p> <p>Show further accuracy when throwing, catching and kicking a ball.</p>

Area of Learning: Physical Development					
Statement: Fine Motor					
Baseline	Autumn 1	Autumn 2	Spring	Summer (May) - ELG	Y1 Readiness
When starting school, children may:	Children at the expected level of development will	Children at the expected level of development will	Children at the expected level of development will	Children at the expected level of development will	Children who are ready to begin year 1 should:
<p>Use one-handed tools and equipment, for example, making snips in paper with scissors.</p> <p>Use a comfortable grip with good control when holding pens and pencils.</p> <p>Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips.</p>	<p>Use one-handed tools and equipment with increasing control e.g. snipping along a line</p> <p>Hold a pencil with a tripod grip with support.</p> <p>Independently dress and undress, for example: putting on coats and doing up zips and buttons.</p> <p>Begin to show a preference for a dominant hand.</p>	<p>Use one-handed tools and equipment with further control e.g. cutting wavy and zigzags lines</p> <p>Become more independent in using the tripod grip.</p> <p>Independently dress and undress for PE, pulling clothes around the right way when inside out.</p>	<p>Use one-handed tools and equipment with further control e.g. around a corner in a spiral.</p> <p>Hold a pencil with a tripod grip.</p>	<p>Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.</p> <p>Use a range of small tools, including scissors, paint brushes and cutlery.</p> <p>Begin to show accuracy and care when drawing.</p>	<p>Hold a pencil effectively, using the tripod grip and show increasing strength to begin to write with stamina.</p> <p>Use a range of small tools, including scissors, paint brushes and cutlery accurately and with control.</p>